TRICARE

Your Military Health Plan

Beneficiary Education Seminar

TRICARE and Veterans Affairs

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Dual-Eligibility—TRICARE and VA

- Retired service members (TRICARE)
  - Medical or regular retirement
  - Can choose TRICARE Prime, TRICARE Extra, or TRICARE Standard
- Service-connected condition (VA)
  - Care can be received from TRICARE or VA
  - No coordination of benefits
    - If VA facility—categorized as VA benefit
    - If through TRICARE—categorized as TRICARE benefit

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Accessing Other Health Care

- Care NOT related to a service-connected condition
- Where to access care depends on which TRICARE option you are using and status of VA facility
  - If enrolled in TRICARE Prime—must access care from PCM
  - If not enrolled in TRICARE Prime
    - VA (TRICARE network provider)—access VA through TRICARE Extra based on TRICARE eligibility
    - VA (non-network provider)—access VA based on VA eligibility

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Pharmacy Services

- VA pharmacies will fill prescriptions written by VA providers during your visit
- Prescriptions are not accepted from non-VA facilities
- You may have the VA-written prescription filled by the TRICARE Pharmacy Program
  - Military treatment facility pharmacy
  - TRICARE Mail Order Pharmacy
  - TRICARE retail pharmacy

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VA Facilities as TRICARE Network Providers

VA and DoD Health Care
Resource Sharing Program

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VA Facilities—TRICARE Network Providers

- Sign agreements with regional contractors to become TRICARE network providers
  - Accept negotiated rate
  - File claims
- Provide health care to any TRICARE-eligible beneficiary—not just those with a service-connected condition
  - TRICARE Prime
  - TRICARE Extra

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Accessing Health Care

- TRICARE beneficiary points-of-contact and established check-in processes
- Indicate that you are using TRICARE benefits
  - Failure to do this could result in a higher out-of-pocket expense and/or denial of payment for services rendered
- Some services may not be available, such as obstetrics, pediatrics, or adolescent psychiatry

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Primary Care Services

- Some VA facilities have primary care managers (PCMs) that accept TRICARE beneficiaries
  - Check with your regional contractor to see if you can enroll with a VA TRICARE PCM
  - TRICARE primary care is separate from VA primary care—you can't use both
- Primary care is not normally available to TRICARE beneficiaries not enrolled to a VA TRICARE PCM

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Referrals for Specialty Care

- TRICARE Prime
  - You must have a referral to be seen in a specialty clinic at a VA facility
- TRICARE Extra
  - No referral needed
  - Contact the TRICARE beneficiary point-of-contact at the VA facility to make an appointment
  - Prior authorization for applicable services still required

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Pharmacy Services

- VA facilities who are TRICARE network providers are NOT necessarily TRICARE network pharmacies
- VA pharmacies will only fill prescriptions written by VA providers
- If you seek primary or specialty care at a VA facility using your TRICARE benefits, fill prescriptions at:
  - VA pharmacy
  - TRICARE Pharmacy Program

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TRICARE Regional Contractors

- TRICARE North Region
  - Health Net Federal Services, Inc.
  - *www.healthnetfederalservices.com*
  - 1-877-TRICARE (1-877-874-2273)
- TRICARE South Region
  - Humana Military Healthcare Services, Inc.
  - *www.humana-military.com*
  - 1-800-444-5445
- TRICARE West Region
  - TriWest Healthcare Alliance
  - *www.triwest.com*
  - 1-888-TRIWEST (1-888-874-9378)

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For Additional Information

- TRICARE Information
  - *www.tricare.osd.mil*
- Veterans Affairs
  - *www.va.gov*

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Thank You!

- TRICARE offers a comprehensive health benefit for our beneficiaries
- Partnering with the VA allows for continuity of care for TRICARE beneficiaries with service-connected conditions
- VA facilities who become TRICARE network providers give another option to all TRICARE beneficiaries for accessing quality health care
- Wherever we maintain medical capability and capacity, whether through military, civilian, or VA services, our goal is a world-class health benefit that serves the needs of our members

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TRICARE Product Feedback

Please provide feedback on this presentation at:

http://www.tricare.osd.mil/evaluations/presentations

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Back Up Slides

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TRICARE Pharmacy Program

MTF Pharmacy

TRICARE Mail Order Pharmacy

TRICARE Retail Network Pharmacy

Non-network Retail Pharmacy

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MTF Pharmacies

- Prescriptions may be filled at an MTF pharmacy free of charge
- If medication is in stock, it will be filled but best to call ahead
  - Up to 30-day supply for controlled substances
  - Up to 90-day supply for all other medications
- MTF pharmacies will accept written prescriptions from any TRICARE-authorized provider

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TRICARE Mail Order Pharmacy (TMOP)

- Convenient home delivery (FPO or APO for overseas locations)
  - Low Cost
    - Generic medication—$3 for up to a 90-day supply
    - Brand name medication—$9 for up to a 90-day supply
    - Non-formulary medication—$22 for up to a 90-day supply
    - Note: Up to a 30-day supply for controlled substances
  - Free Shipping & Handling
  - For more information:
    - Visit *www.express-scripts.com/TRICARE*
    - 1-866-DoD-TMOP (1-866-363-8667)

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TRICARE Retail Pharmacy Network

- May have prescriptions filled at a pharmacy in the TRICARE network
- Portable across all regions—no claims to file
- Generic medication
  - $3 for up to a 30-day supply
- Brand name medication
  - $9 for up to a 30-day supply
- Non-formulary medication
  - $22 for up to a 30-day supply
- Administered by Express Scripts, Inc.
- Visit *www.express-scripts.com/TRICARE* to locate a retail network pharmacy near you
- 1-866-DoD-TRRx (1-866-363-8779)

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Non-Network Pharmacies

- Most costly option
- TRICARE Standard deductibles and cost-shares apply
- TRICARE Prime point-of-service (POS) option applies for TRICARE Prime beneficiaries
- May have to pay for prescription and file claim with Express Scripts for reimbursement

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Generic Drug Use Policy

- Generic drugs will be substituted for brand name when available
- Must justify medical necessity for brand name to be dispensed
- If generic equivalent drug does not exist the brand name drug will be dispensed

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Drugs Requiring Prior Authorization

- Certain medications require prior authorization
- Per DoD contracts, some drugs must be dispensed from MTF or mail order pharmacy
- TRICARE covers all FDA approved prescription drugs approved for outpatient use with some exclusions established by law
- 1-877-DoD-MEDS (1-877-363-6337)
- *www.tricare.osd.mil/pharmacy*

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Pharmacy Data Transaction Service (PDTS)

- Creates a global centralized data repository
- Reduces the likelihood of adverse drug-to-drug interactions, therapeutic overlaps, and duplicate treatments
- Conducts an online proactive clinical screening (drug interaction check)
- This is done before it is dispensed to the patient, unless it is obtained from a non-network pharmacy

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